

Taking Care of Ourselves



A program of the Delaware Breast Cancer Coalition, Inc. (DBCC)
For Women Who Partner with Women

- ♦ Educating lesbians and women who partner with women about breast health – through workshops and breast health house parties!
- ♦ Educating health care providers about lesbian health
- ♦ Mentoring women newly diagnosed with breast cancer
- ♦ Providing a resource list of lesbian-friendly health care providers
- ♦ Referring women without health insurance for free or low-cost cancer screenings

The mission of DBCC is to raise awareness of breast cancer by providing information, education and support in a caring and responsive manner on the early detection and treatment of breast cancer. DBCC is a member of the National Breast Cancer Coalition and supports National's efforts to research the causes of breast cancer and pursue optimal treatments and a cure. DBCC is a 501(c)(3) nonprofit organization.

Delaware's Lesbian Health Resource Guide



Delaware Breast Cancer Coalition, Inc.
100 W. 10th St., Ste. 1115
Wilmington, DE 19801
302.778.1102
540 S. Governors Ave., Ste. 200
Dover, DE 19904
302.744.6529




www.debreastcancer.org
866.312.DBCC

...with the generous support of the
Philadelphia Affiliate of the Susan G.
Komen Breast Cancer Foundation.

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Using This Guide

Health care providers in this guide are identified based on why they were listed. Here's how you can tell why a provider was listed in this guide:

-  Completed a survey and asked to be listed in the guide
-  Suggested by a member of the lesbian community to be included in the guide
-  Completed Removing the Barriers training facilitated by DBCC. This training teaches health care professionals how to provide culturally competent care to lesbians and women who partner with women.

Note:

The Delaware Breast Cancer Coalition, Inc. (DBCC) does not make any representation about the licensing, accreditation or other professional qualifications of providers listed in this guide. DBCC does not endorse any of the health care providers or agencies listed herein except the National Breast Cancer Coalition.

Let us know what you think!

If you visit a doctor listed in this guide or want to recommend another doctor, we want to hear from you!

Contact us at
302.778.1102 or
866.312.DBCC, or
dbcc@debreastcancer.org

Other Resources

The Mautner Project

1707 L Street NW, Suite 230

Washington, DC 20036

(202) 332-5536

www.mautnerproject.org

Founded in 1990, the Mautner Project is the only national organization dedicated to women who partner with women/lesbians with cancer, their families and caregivers.

The National Breast Cancer Coalition

1707 L Street, NW, Suite 1060

Washington, DC 20036

(202) 296-7477

(800) 622-2838

www.stopbreastcancer.org

The National Breast Cancer Coalition is a grassroots advocacy effort in the fight against breast cancer. In 1991, the Coalition was formed with one mission, to eradicate breast cancer through *action and advocacy*.

The Philadelphia Affiliate of the Susan G.

Komen Breast Cancer Foundation

The Sheridan Building

125 South 9th Street, Suite 202

Philadelphia, PA 19107

(215) 238-8900

www.phillyraceforthecure.org

The mission of the Susan G. Komen Breast Cancer Foundation is to eradicate breast cancer as a life threatening disease by advancing research, education, screening and treatment.


Your health is important!

Lesbians may be at greater risk for some health problems, and often don't see a doctor regularly.

Here are some suggestions to stay healthy and for prevention and early detection of diseases:


- ◆ Know and act on your family health history.
- ◆ See your health care provider regularly for a check up and a clinical breast exam, pelvic exam, and Pap test.
- ◆ Get mammograms as recommended by your health care provider.
- ◆ Exercise and eat a healthy diet.
- ◆ Stop or cut back on smoking and alcohol consumption.

Family Practice



Family Practice Associates, PA
Yvette Gbemudu, MD 
1100 S. Broom St.
Wilmington, DE 19805
(302) 656-5416


Rebecca Jaffe & Associates
Parul Desai, MD 
Rebecca Jaffe, MD 
3105 Limestone Rd., Suite 300
Wilmington, DE 19808
(302) 992-0200




Internal Medicine



Julie Asari, MD 
4512 Kirkwood Highway
Wilmington, DE 19808
(302) 992-9617

Obstetricians/Gynecologists


Estelle H. Whitney, MD  
1941 Limestone Rd. #104
Wilmington, DE 19808
(302) 633-9444


Women's Care Associates of Dover, PA
Honorata M. Bengzon, MD 
22 Old Rudnick Lane
Dover, DE 19901
(302) 674-1356


Women's Health Associates
J. Michael Knapp, DO, FACOG 
Samir Khanjar, MD 
Thomas J. Yetman, MD, FACOG  
819 N. Broad St.
Middletown, DE 19709
(302) 378-6225



Women to Women OB/GYN Associates
Nancy Fan, MD 
Shauna B. McIntosh, MD 
213 Greenhill Ave., Suite B
Wilmington, DE 19805
(302) 778-2229


Obstetricians/Gynecologists

OB-GYN Associates of Dover, PA
Robert Q. Scacheri, MD 
540 S. Governors Ave., #201
Dover, DE 19904
(302) 674-0223

Partners for Women's Health, PA
Gregory W. DeMeo, DO 
White Clay Creek Medical Center, Ste. 2
550 Stanton-Christiana Rd.
Newark, DE 19713
(302) 691-0350


St. Francis OB/GYN Center
Richard Henderson, MD 
7th & Clayton Sts., Suite 510
Wilmington, DE 19805
(302) 658-8867

St. Francis OB/GYN Center
Richard W. Leader, MD, FACOG 
Stanley R. Wiercinski, DO 
7th & Clayton Sts., Suite 505
Wilmington, DE 19809
(302) 421-4775

Beth Schubert, MD 
4735 Ogletown-Stanton Rd., Suite 2123
Newark, DE 19713
(302) 286-1800


Mammography Facilities

Beebe Imaging 
600 N. Dupont Highway
Georgetown, DE 19947
(302) 856-9729


Christiana Care Breast Center 
4735 Ogletown-Stanton Rd.
Medical Arts Pavilion 2, Ste. 2112
Newark, DE 19713
(302) 623-4204

Mid-Delaware Imaging 
710 S. Queen St.
Dover, DE 19904
(302) 734-9888


Pike Creek Imaging 
3105 Limestone Rd.
Wilmington, DE 19808
(302) 995-2037


Women's Center at Bayhealth
Medical Center 
540 S. Governors Ave., Ste. 200
Dover, DE 19904
(302) 744-7400


Mammography Facilities

Women's Health Screenings/
Cancer Outreach 
700 Lea Boulevard
Wilmington, DE 19802
(302) 765-4566
(800) 654-0606


Obstetricians/Gynecologists

Bayside Health Association
Vincent B. Killeen, MD 
1535 Savannah Road
Lewes, DE 19958
(302) 645-4700



Brandywine OB/GYN
Michael Cooksey, DO 
3520 Silverside Rd., The Commons #25
Wilmington, DE 19810
(302) 477-1375


Renee Bender, DO 
3524 Silverside Rd.
Wilmington, DE 19810
(302) 478-7973



Obstetricians/Gynecologists

Christiana Women's Health Group
Arlene Smalls, MD 
4755 Ogletown-Stanton Rd.
Newark, DE 19713
(302) 733-6510

Anna Marie D'Amico, MD 
Kirsten M. Smith, MD 
2106 Silverside Road, Suite 202
Wilmington, DE 19810
(302) 477-9660

DELMED Health
Susan A. Kelly, MD 
Maxime Moise, MD 
34381 Carpenters Way
Lewes, DE 19958
(302) 644-9080

Ronaldo L. Domingo, MD 
620 Christiana Medical Center
Newark, DE 19702
(302) 731-5548

David M. Fink, MD 
Russell A. White, MD 
E-64 Omega Dr.
Newark, DE 19713
(302) 368-8850